

# CHRYSTA BAIRRE

Career Coach | Speaker | Author

## POPULAR TOPICS

### Communicating With Confidence in Business

Inspiring confidence has a greater impact on your career success than the quality of your work. Learn how to communicate with confidence.

#### Key Takeaways:

- When it's appropriate to say no in business situations
- How to say no
- Four words that undermine your credibility and what to say instead

### Work-life Balance for Entrepreneurs: How to build a successful business on your terms

Stop sacrificing your health and happiness to get and stay ahead. Grow your business and live your life without losing yourself!

#### Key Takeaways:

- Do less of the right things for the best results
- Why your purpose matters
- How to master productivity so you work smarter, not harder



*Chrysta Bairre is a career coach, speaker, upcoming author, and founder of Live Love Work.*



*Chrysta works with successful mid-career professionals and service-based entrepreneurs who want more from life and career. Chrysta helps her clients increase professional impact and income-- working with them to love their work, be well-paid, and find happiness in and out of the office.*





## TESTIMONIALS

### **Communicating with Confidence in Business**

"I certainly learned a lot about the way I communicate and picked up some tips for improvement! Great presentation!" - Jon Land, The Fort Collins Rotary Satellite

### **Work-life Balance for Entrepreneurs**

"I've heard talks about work-life balance and Chrysta has a whole different view on it. She made it fresh and new for me." - Deanna Estes, Owner, Lotus Design



## BOOK CHRYSTA FOR YOUR EVENT!

[chrysta@liveandlovework.com](mailto:chrysta@liveandlovework.com)

970-310-8218

[liveandlovework.com](http://liveandlovework.com)

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## NOTABLE ENGAGEMENTS

Ignite Fort Collins

Ignite Denver

Startup Week  
Entrepreneur Events:  
Fort Collins

Colorado State University

The Fort Collins Rotary  
Satellite

Aurora Chamber of  
Commerce -Women in  
Business

Polka Dot Powerhouse -  
Arvada Chapter